

# Healing the Light Body

Alberto Villoldo, Ph.D.



*“The Luminous Body holds the template of our health.  
It encodes how we live, how we age, how we heal and how we die.”*

**From Dr. Villoldo’s book:  
*Shaman, Healer, Sage***

## **What is “Healing the Light Body” and Shamanic Healing**

**Where: Gifts for the Soul, Waterdown**

**Date: Wed Jan 18<sup>th</sup>, 2006**

**Time: 7:00 -7:30 pm**

Discussion of the work of Dr Villoldo and his Healing the Light Body course.  
Use of Illumination, Soul Retrieval, and Journey work  
The Four Directions: Way of the South (Serpent), Way of the West (Jaguar), Way of the  
North (Hummingbird), Way of the East (Condor)

**For Information or to Register contact Lesley Hannell, M.A. 905-304-8211**

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